

Coaching Agreement

This agreement outlines the expectations, terms and conditions required for our working together to ensure that you get the absolute best results possible. Please read, understand and initial each box, and then sign and return.

Client Name:

This agreement, between Dawn Lee and the above named client, will begin on _____ 20.....

No.	Client Terms & Conditions	Initial
1.	As a client, I understand and agree that I'm fully responsible for my physical, mental and emotional well-being during my coaching sessions, including my choices and decisions. I'm aware that I can choose to discontinue coaching at any time.	
2.	I understand that "coaching" is a Professional-Client relationship I have with my coach that's designed to facilitate change and where relevant the creation/development of present and future-oriented goals and to develop and carry out a strategy/plan for achieving those goals.	
3.	I understand coaching is a comprehensive process that may involve all areas of my life, including health, relationships, education, work, finances and leisure. I acknowledge that deciding how to handle these issues, incorporate coaching into those areas, and implement my choices is exclusively my responsibility.	
4.	I further acknowledge that for coaching to reach its full potential, I must be fully committed to each session, provide input and display honesty at all times.	
5.	I also acknowledge that to ensure the best possible outcome it is my responsibility to be active in and committed to completing all assignments, reading and responding to all communication and reporting feedback in-between sessions.	
6.	I understand that coaching does not involve the diagnosis or treatment of mental disorders as defined by the Psychiatric Association. I understand that coaching is not a substitute for counseling, psychotherapy, psychoanalysis, mental health care or substance abuse treatment and I will not use it in place of any form of diagnosis, treatment or therapy.	
7.	I promise that if I'm currently in therapy or otherwise under the care of a mental health professional, that I have consulted with the mental health care provider regarding the advisability of working with a coach and that this person is aware of my decision to proceed with the coaching relationship.	
8.	I understand that information will be held as confidential and that all written material will be treated as such, except as required by law.	

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9.	I understand that certain topics may be anonymously and hypothetically shared with other coaching professionals for training or consultation purposes.	
10.	I understand that it's my responsibility to actively participate in the coaching process and implement the given strategies and solutions and that I will not expect the coach to be more invested in the outcomes than I am.	
11.	I understand that coaching is not to be used as a substitute for professional advice by legal, medical, financial, business, or other qualified professionals. I will seek independent professional guidance for legal, medical, financial, business or other matters. I understand that all decisions in these areas are exclusively mine and I acknowledge that my decisions and my actions regarding them are my sole responsibility.	

In the event of a cancellation, at least 24 hours notice is required or a cancellation fee may apply. A more appropriate time will then be rescheduled.

Congratulations you've taken the first step to taking action towards being a creative, healing and empowered FORCE in your life!! It's time make magic happen!

By entering your full name in the space below and emailing this contract back to me, you're acknowledging the terms and conditions of our work together and you agree to them.

Signed:
Client Name

Date:

Signed:
Dawn Lee, Professional Accredited Coach